

# Annual Fall/Winter Clinic 2024/25 – 15 Weeks and More

## Nov Programs

### Mon -

<u>AGES</u>	<u>DAY</u>	<u>TIME</u>	<u>Program</u>	<u>Dates:</u>
(7-9)(10-12)	Mon	6-7 P.M	Hitting School (4 Weeks)	Nov 4,11,18,25

Link: <https://tms.ezfacility.com/OnlineRegistrations/Register.aspx?CompanyID=3850&GroupID=3760157>

(7-9)(10-12)	Mon	7-8 P.M	Overall Clinic 15 Weeks	Starts Nov 4
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<https://tms.ezfacility.com/OnlineRegistrations/Register.aspx?CompanyID=3850&GroupID=3723887>

### Tues

<u>AGES</u>	<u>DAY</u>	<u>TIME</u>	<u>Program</u>	<u>Dates:</u>
(8-10)(11-13)	Tues	7-8 P.M	Overall Clinic 15 Weeks	Starts Nov 5

<https://tms.ezfacility.com/OnlineRegistrations/Register.aspx?CompanyID=3850&GroupID=3769825>

### Weds

<u>AGES</u>	<u>DAY</u>	<u>TIME</u>	<u>Program</u>	<u>Dates:</u>
8-12	Weds	6-7 P.M	Pitching School (3 Weeks)	Nov 6,13,20

Link: <https://tms.ezfacility.com/OnlineRegistrations/Register.aspx?CompanyID=3850&GroupID=3760273>

(9-10)(11-13)	Weds	7-8 P.M	Hitting School (15 Weeks)	Starts Nov 6
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link: <https://tms.ezfacility.com/OnlineRegistrations/Register.aspx?CompanyID=3850&GroupID=3723889>

### Thurs

<u>AGES</u>	<u>DAY</u>	<u>TIME</u>	<u>Program</u>	<u>Dates:</u>
10-16	Thurs	6-7 P.M	Speed & Agility (3 Weeks)	Nov 7,14,21

link: <https://tms.ezfacility.com/OnlineRegistrations/Register.aspx?CompanyID=3850&GroupID=3760275>

13-18	Thurs	7-8 P.M	Hitting School (3 Weeks)	Nov 7,14,21
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link: <https://tms.ezfacility.com/OnlineRegistrations/Register.aspx?CompanyID=3850&GroupID=3760276>

### Fri

<u>AGES</u>	<u>DAY</u>	<u>TIME</u>	<u>Program</u>	<u>Dates:</u>
7-10	Fri	5-6 P.M	Overall Clinic (15 Weeks)	Start Nov 1 <sup>st</sup>

link: <https://tms.ezfacility.com/OnlineRegistrations/Register.aspx?CompanyID=3850&GroupID=3748766>

11-13	Fri	6-7 P.M	Overall Clinic (15 Weeks)	Start Nov 1 <sup>st</sup>
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Link: <https://tms.ezfacility.com/OnlineRegistrations/Register.aspx?CompanyID=3850&GroupID=3723888>

## Description of Programs

### Overall Clinics:

This clinic is an overall clinic that will focus on fielding, throwing, catching, hitting, bat speed, base running, sliding, speed & agility, and conditioning. There will be a maximum of 20 kids per class. Sessions will be offered on Mondays and Fridays. 1 to 6 ratio with Instructors **Format:** Circuit Training(Station Work) , Bat Speed / BBS , Fielding, Pitching, Live Hitting (Virtual Machine), Throwing Speed ,Cutoffs / Outfield, All Aspects of the Game

### Hitting Clinics :

This clinic specifically works on hitting mechanics and bat speed. There will be a maximum of 20 kids per class. Sessions will be offered on Mondays and Wednesdays. 1 to 6 ratio with Instructors. We will be using the Virtual Machine for Live hitting as well. **Format:**Proper Mechanics, BBS / Bat Speed, Live Hitting – All Different Pitches and Speed, Mental Approach, Situational Hitting

### Pitching Schools:

Focus: Increasing speed and consistency; fundamentals, technique, velocity, control

**Speed & Agility:** Speed/Agility will **complete your game**, allowing you to sharpen your skills, get stronger, and become more athletic. Ultimate Sports customize lessons will get the most out of its athletes. Speed, and Agility, are just some of the components we focus on during this program.

### Lesson with Paul or John John - Get Results :

20 (30 Min lessons )	Link: <a href="https://tms.ezfacility.com/OnlineRegistrations/Register.aspx?CompanyID=3850&amp;GroupID=3165404">https://tms.ezfacility.com/OnlineRegistrations/Register.aspx?CompanyID=3850&amp;GroupID=3165404</a>
10 ( 30 Min Lessons )	Link: <a href="https://tms.ezfacility.com/OnlineRegistrations/Register.aspx?CompanyID=3850&amp;GroupID=3165403">https://tms.ezfacility.com/OnlineRegistrations/Register.aspx?CompanyID=3850&amp;GroupID=3165403</a>
5 (30 Min lessons )	Link: <a href="https://tms.ezfacility.com/OnlineRegistrations/Register.aspx?CompanyID=3850&amp;GroupID=3165400">https://tms.ezfacility.com/OnlineRegistrations/Register.aspx?CompanyID=3850&amp;GroupID=3165400</a>

**Open hitting is back:** The way it the Punch Pass works -Ask about times

### Punch Pass Special

5 Visit for \$90 - Link: <a href="https://tms.ezfacility.com/OnlineRegistrations/Register.aspx?CompanyID=3850&amp;GroupID=3547746">https://tms.ezfacility.com/OnlineRegistrations/Register.aspx?CompanyID=3850&amp;GroupID=3547746</a>
10 Visit for \$175 - link: <a href="https://tms.ezfacility.com/OnlineRegistrations/Register.aspx?CompanyID=3850&amp;GroupID=3547748">https://tms.ezfacility.com/OnlineRegistrations/Register.aspx?CompanyID=3850&amp;GroupID=3547748</a>
20 Visits for \$300Link: <a href="https://tms.ezfacility.com/OnlineRegistrations/Register.aspx?CompanyID=3850&amp;GroupID=3547749">https://tms.ezfacility.com/OnlineRegistrations/Register.aspx?CompanyID=3850&amp;GroupID=3547749</a>

### More Programs

Overall Programs (15 W)  
Hitting Clinics – for all Ages  
Pitching Schools  
Lessons  
Speed & Agility  
Birthday Parties  
Open Hitting

# **Birthday Party Sat or Sunday all year round**

Come to the Ultimate Sports & Party Center to celebrate your next birthday! We guarantee that it will be the ultimate party experience and will put a smile on everyone who attends. Where else can you go and play sports of your choice in a full size arena and have your own private party room? All Party Rooms are themed Yankees, Redsox & Mets.

**SPORTS OPTIONS OFFERED:** Kickball, Dodgeball, Wiffleball, Mini football, Floor hockey, Soccer

## **STANDARD PACKAGE**

Max # of participants up to 20  
Length: 1 hr and 45 mins  
1 hour in the arena, pick the sports of your choice  
(Organized by ultimate staff members)  
45 Mins in our themed party rooms.  
Design your party using your own party supplies.  
(We supply tables, Chairs, tablecloths, freezer and refrigerator)  
Cost: \$255 Requires deposit of \$125 for scheduling

## **ULTIMATE PACKAGE**

Max # of participants up to 20  
Length: 2 hrs and 45 mins  
2 hours in the arena, pick the sports of your choice  
(Organized by ultimate staff members)  
45 Min our themed party rooms.  
Design your party/theme using your own party supplies.  
(We supply tables, Chairs, tablecloths, freezer and refrigerator)  
Cost: \$355 Requires deposit of \$175 for scheduling

## **Extreme Birthday Party**

Max # of participants up to 30  
Length: 4 Hrs  
3 hour in the arena, pick the sports of your choice (Organized by ultimate staff members)  
45 Mins in our themed party rooms. Design your party using your own party supplies.  
(We supply tables, Chairs, tablecloths, freezer and refrigerator)  
Cost \$450 Requires deposit of \$250 for scheduling

**Links to sign up:**

Standard Deposit Click Here: <https://tms.ezfacility.com/OnlineRegistrations/Register.aspx?CompanyID=3850&GroupID=3043148>

Ultimate Deposit Click Here: <https://tms.ezfacility.com/OnlineRegistrations/Register.aspx?CompanyID=3850&GroupID=3043150>

**Extreme Deposit:** Click Here: <https://tms.ezfacility.com/OnlineRegistrations/Register.aspx?CompanyID=3850&GroupID=3717728>

**Standard Arcade Special:** For an additional \$25 you will receive 120 quarters for the kids to play arcade games after they are eating in the party rooms

**Ultimate Arcade Special:** For an additional \$50 you will receive 240 quarters for the kids to play arcade games after they are eating in the party rooms

**Extreme Arcade Special:** For Additional \$100 you will receive 500 Quarters for the kids to play arcade games after they are eating in the party rooms